

MEDIVEN TRAVEL

The travel stocking for healthy veins

Danger of Thrombosis (Clots)

The risk of thrombosis increases, depending on the type and duration of the journey. Current events and media reports on "Economy Class Syndrome" show that the risk of thrombosis must be taken particularly seriously during flights (and indeed all long distance travel by car, bus and train)

How can we minimise the risk?

A particularly efficient measure is to help your veins by wearing **MEDIVEN TRAVEL**, the **clinically proven¹** travel stocking specially developed for healthy veins on journeys. Tests have proven that the stocking lowers the risk of suffering thrombosis.

Checklist for journey

1. Wear **MEDIVEN TRAVEL** stockings
2. Do not cross your legs
3. Perform leg exercises or walk around every half hour
4. Drink water regularly (half hour intervals)
5. Avoid alcohol
6. Wear comfortable clothing



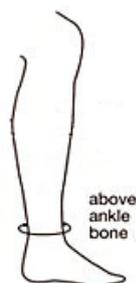
How does MEDIVEN TRAVEL work?

MEDIVEN TRAVEL is a compression stocking which exerts accurate and defined pressure at the ankle, which is furthest from the heart. The pressure reduces evenly from the foot upwards to the knee. This compression reduces the diameter of the veins which in turn accelerates the flow of blood back towards the heart. The blood can no longer coagulate easily.

Every small movement you make while wearing **MEDIVEN TRAVEL** also reinforces the "pump" effect of the calf muscles

Measurement

Measure the circumference just above the ankle at the narrowest point (measure both ankles as they may be a different) Colours available Black and Caramel



Circumference	Size
18 - 20 cm	Small
20 - 23 cm	Medium
23 - 26 cm	Large
26 - 29 cm	X Large
29 - 32 cm	XX Large



I feel better.

¹ Scurr, J.: Frequency and prevention of symptomless deep vein thrombosis in long-haul flights. Lancet 2001; 357